

Spring Lakes Golf Club

GOLF "101"

Introductory Clinic Series

Golf "101" is a simple, easy and fun way for anyone at any age to learn the game of golf. This series is designed specifically for adults who want to learn the game but who might be a little intimidated, uncomfortable or even shy as a beginner. The game of golf is not a difficult game to learn when instructed correctly and once learned it is a game for a lifetime. The Spring Lakes GOLF "101" Introductory Clinic series covers all the basic fundamentals and aspects of the golf game in a friendly, welcoming and genuinely helpful environment. If you have ever wanted to learn the game of golf this is the program for you and your friends.

The clinics will include the points below and more:

Golf Fundamentals

- Grip, Stance, Alignment, Posture, Balance
- Take away, Back swing, Transition, Downswing, Impact, Follow through, Finish position
- Short game
 - Pitching, Chipping and putting
- Long game
 - Woods, Hybrids, Irons
- General golf terminology and rules of golf
- Basic golf etiquette
- Golf course care and attention
- Travel tips, planning a golf trip and the "secrets of living with or dating a golfer"

Dates: May 22nd, 29th, June 5th, 12th, 19th

Day & Time: Tuesday nights from 5:00 pm to 6:30 pm

Price: \$150.00 per person

Duration: Five– 1 ½ hour clinics

Clinic Participant Name: _____

Clinic Participant Name: _____

Telephone: _____

Email: _____

Email registration form to shayne@springlakesgolf.com

Shayne Dysart, Head Professional, Spring Lakes Golf Club, 905 640 3633, ext 236 Cell 905 505 1063

Golf Instructional registration forms are available on the website springlakesgolf.com